



ORTAÖĞRETİM
GENEL MÜDÜRLÜĞÜ

ACTIVITY BOOK



ENGLISH 11

Unit 2

HOBBIES AND SKILLS

Functions

- EXPRESSING LIKES, DISLIKES AND INTERESTS
- EXPRESSING PREFERENCES
- TALKING ABOUT PRESENT AND PAST ABILITIES

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PREFACE

Dear Students,

In this activity book, there are activities at various levels and structures that will allow you to use the knowledge and skills you have gained during the teaching processes. With these activities, you will have the opportunity to both revise the subjects you have studied at school and monitor your academic progress. The activities in this activity book prepared for this purpose were structured to include cognitive domain steps.

In the activity book, besides gap filling, matching, multiple-choice, open-ended, short-answer item type activities, there are some other activities which allow you to have a pleasant time with content such as crossword, wordsearch puzzles and fun time activities. Also, in the "Do I remember?" section, you will be able to self-evaluate academically and you will have the opportunity to revise the missing topics through the data matrix.

We aim to contribute to your academic development with this activity book, which has been meticulously prepared by experts in the field. Hope to see the positive reflections of this study in your education life...



Do I remember?

How much do you remember? Tick the correct option for you. Add up your points and evaluate your performance according to the scale.

1

Drifting, wingsuiting, bodyboarding, caving, highlining, and ice climbing are all extreme sports.

I remember
2 Points

I partly remember
1 Point

I don't remember
0 Point

2

Soap operas, game shows, infotainment, t-commerce, docudrama, and news flash are types of TV programmes.

I remember
2 Points

I partly remember
1 Point

I don't remember
0 Point

3

The meaning of *perilous* is dangerous.

I remember
2 Points

I partly remember
1 Point

I don't remember
0 Point

4

The idiom *dark horse* is used to define someone who has a surprising ability or skill.

I remember
2 Points

I partly remember
1 Point

I don't remember
0 Point

5

When you describe something as *glamorous*, you mean that it is impressive.

I remember
2 Points

I partly remember
1 Point

I don't remember
0 Point

6

When someone is *gifted*, he/she has a natural ability to do something well.

I remember
2 Points

I partly remember
1 Point

I don't remember
0 Point



Do I remember?

7

When you do something *half-heartedly*, it means that you do it uneagerly.

I remember
2 Points

I partly remember
1 Point

I don't remember
0 Point

8

When you have a *flair for something*, it means you have a talent for something.

I remember
2 Points

I partly remember
1 Point

I don't remember
0 Point

9

Plural forms of nouns and third-person *-s* endings are pronounced in three different ways.

I remember
2 Points

I partly remember
1 Point

I don't remember
0 Point

10

Generally speaking, *prefer*, *would prefer*, and *would rather* are used to express preferences.

I remember
2 Points

I partly remember
1 Point

I don't remember
0 Point

EVALUATION SCALE

Points

0-10

Revise the theme.

Points

14-15

Study harder!

Points

15-18

Well done!

Your Total Points



The summary of
statements 1-3



The summary of
statement 4



The summary of
statements 5 and 6



The summary of
statements
7, 8 and 10



The summary of
statement 9



Matching-1

Read the comments and match them with the pictures.



A



B



C



D

1

The main reason I am fascinated by this art is to get creative satisfaction and have the pleasure of giving my works as a gift to my beloved ones.



bouldering

A

2

The best thing about this sport is that almost no equipment is necessary. When you practice it in the gym, it requires only climbing shoes and a chalk bag with magnesia.



skydiving

B

3

It makes me feel more like flying than falling. It is also breathtaking and gives me a refreshing, and incredible perspective on the world.



graffiti

C

4

What I like about it is the way it reflects emotion through the streets. Some of them beautify the city.



calligraphy

D



Matching-2

Match the questions with the answers given below.

1 What is the hobby that makes you feel refreshed?



It depends on a person's capability and free time.

A

2 Which of them makes you feel relaxed, knitting or reading?



Word games. I feel like my brain is recharging.

B

3 Do you think hobbies relieve us of stress?



None of them. I would rather go cycling.

C

4 Is it possible for someone to improve their abilities?



I believe hobbies bring a feeling of fun.

D

5 How much time can one spend on his/her hobby?



Not when you stick to a weekly schedule.

E

6 Does your hobby interfere with your work or personal life?



I guess two hours a week can be enough.

F





Gap Filling-1

Do you know these hobbies? Write the names of the activities under the photos.



1. _____



2. _____



3. _____



4. _____



5. _____



6. _____



7. _____



8. _____



9. _____



Fill in the blanks with the words in the box. Use the words only once.

team spirit
determined
courage

co-operative
violent
dangerous

dedication
careful
graceful

competitive
accurate
brave

1. The main quality a footballer needs to have is _____. It is also important to be _____ and willing to do what other members of the team suggest.
2. Running is my favourite sport. It's _____ and you have to be _____ to win.
3. John, you are so _____. Ice-climbing is an extremely _____ sport.
4. When parachuting, you need to be very _____ especially when landing, or you might hurt yourself. You also need to have _____ to jump out of a plane in mid-air.
5. People who shoot or do archery must be very _____ if they are to hit the target. They also need a lot of _____ if they want to be the best.
6. Ice hockey can be a _____ sport as the players often fight, but they can also look as _____ as dancers when they skate around the rink.

Put the verbs in brackets into the correct gerund or infinitive form.

1. She refused _____ (try) parkour.
2. I'd better _____ (go) now.
3. I'd rather _____ (not talk) to him now.
4. My sister is good at _____ (dance).
5. I prefer _____ (drive).

Complete the dialogues with the correct forms of the verbs in parentheses.

1. **Amy:** Would you rather _____ a course in literature or science? (take)
Bruce: I'd prefer _____ for a science course because it's more useful for me. (register)
2. **John:** Would you rather _____ a choir or an orchestra? (join)
Kathy: I'd prefer _____ in a choir to _____ in an orchestra. (sing/play)
3. **Sheila:** Would you prefer _____ a craft or _____ a new sport? (learn/attempt)
Bob: To tell you the truth, I'd rather not _____ either. I'd prefer _____ TV. (do/watch)



Choose the best option to complete the sentences.

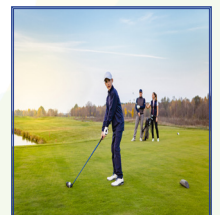
- I'd like my own company.
 - set up
 - setting up
 - to setting up
 - to set up
 - to be setting up
- My parents are planning before they are 65.
 - retire
 - retiring
 - to retire
 - to retiring
 - to be retiring
- Mark's wife told him not about the problems he had at work.
 - worry
 - to worry
 - worrying
 - to worried
 - to be worrying
- The experienced climber climb Mount Everest when he was 18.
 - was able to
 - be able to
 - can
 - were able to
 - could
- Rob spends three hours to work and back every day.
 - to commute
 - to be commuting
 - commute
 - to commuting
 - commuting
- In the end, I decided not..... the shoes because they were very expensive.
 - to buy
 - buy
 - buying
 - to buying
 - to be buying
- The manager lets us early on Fridays.
 - to be leaving
 - to leave
 - leaving
 - leave
 - not to leave
- Wolfgang Amadeus Mozart play the piano with great delicacy at the age of five.
 - was able to
 - can
 - could
 - be able to
 - were able to





Read the comments and choose the activities.

- My grandmother taught me how to do it. It's great because you can make your pullovers and socks.
 - gardening
 - knitting
 - photography
 - cooking
 - painting
- It's a great feeling, rushing down a cold mountainside. Of course, you have to be careful, or you might break your leg.
 - scuba diving
 - rollerblading
 - mount climbing
 - skiing
 - skating
- You can make all sorts of things; vases, plates, pots, and all with a lump of clay.
 - pottery
 - cooking
 - sewing
 - painting
 - creating blogs
- Since I started the diet, I've gained three kilos of solid muscle. I'm much stronger now, and I look better, too.
 - playing golf
 - long jump
 - scuba diving
 - running
 - weightlifting
- It's a real thrill to go around the track at 200 kilometres per hour. It's perfect if you love danger.
 - marathon race
 - squash
 - motor racing
 - cycling
 - long jump
- You feel like a part of the undersea world. It's relaxing, a good exercise, and you can see some beautiful creatures at the water's surface.
 - swimming
 - snorkelling
 - diving
 - scuba diving
 - fishing
- To catch a moment of life on film is what it's all about. It's like preserving a piece of nature or history.
 - painting
 - writing poems
 - graphic design
 - travelling
 - photography
- You learn about different countries and see some great miniature works of art. They can be worth a lot of money, too.
 - stamp collection
 - money collection
 - coin collection
 - toy collection
 - napkin collection
- The idea is to use colour to show feelings. The finished product doesn't have to look exactly like the original subject, at all.
 - drawing
 - photography
 - graphic design
 - filming
 - painting
- It's more than just hitting a ball around a course. It's relaxing, and it's nice to be out in the open air.
 - basketball
 - volleyball
 - golf
 - football
 - handball





A) Read the text.

Why is Having a Hobby Beneficial to One's Mental Health?

How do you respond to the question "What are your hobbies?" Swimming, reading, or cooking? Hobbies are a great way to spend your free time and escape from everyday life. Moreover, engaging in a hobby means more than just having a good time or filling in your free time. Research has shown that the activities we are interested in bring **significant** benefits to mental health. Here are some of them:

Hobbies reduce stress.

Spending time on hobbies is a great way to distract after a busy day. It allows you to have some "me" time and relieve the stress of the day. In a recent survey on stress and well-being, four in five participants found that activities such as listening to music and spending time as a hobby were **effective** ways to manage stress. Take a moment from your busy day to start a new hobby or go out and take photos.



Creativity develops well-being.

Creative activities such as composing songs, knitting, and painting enhance a positive mood. In particular, participating in such activities **boosts** the well-being of many young adults. More time for creative activities causes more positive emotions. Additionally, through creative activity, the neural connections in the brain associated with the **release** of feel-good hormones such as dopamine can be expanded. Having fun two hours a week can lead a person to a more positive life.

You can form connections with others through hobbies.

Team sports provide important opportunities for social relationships, friendships, and support that can contribute much to mental health. A study discovered that 1.35 million Australian adults who took part in regular team sports activities were less likely to experience depression, anxiety, or stress than the average Australian. Shared experience through sporting or musical hobbies can help increase enjoyment and help us feel less **isolated**. So, if you're thinking of a new hobby, try something interactive, such as joining a choir or a new team sport.





Reading Activity-1

B) Find the similar meanings of the highlighted words in the text from the boxes below. One is extra.

useful

lonely

discharge

increase

important

relationship

1. significant: _____
2. effective: _____
3. boost: _____
4. release: _____
5. isolated: _____

C) Answer the questions according to the text above.

1. What is the main idea of the text?

2. What was the result of the research on stress and well-being?

3. What leads a person to a more positive life?

4. How does the time spent on creative activities affect positive emotions?

5. How does taking part in team sports contribute to mental health?



A) What do you know about the extreme sports in the photos?

Some people prefer living dangerously and always keep on inventing new and fascinating methods to do so. Let's take a look at some of the most recent extreme sports crazes that are sweeping the globe. However, without adequate training and equipment, you should not attempt any of these on your own.

SNOWBIKING: Are you looking forward to **hitting the slopes** this winter? Then, why not try snowbiking, the newest thrill-seeking activity that is gaining popularity throughout the world? Snowbiking entails riding a bicycle on the snow with skis instead of wheels. Expert skiers and mountain bikers will relish the **challenge**. It all began in North America, and its popularity continues to increase. Some supporters are even attempting to have it recognized as an Olympic event.



PARKOUR: Parkour, also known as free-running, may be the greatest sport for persons who enjoy running, climbing, and jumping. Runners must go from point A to point B as quickly as possible, going over rather than around **obstacles** such as walls, trees, benches, and even structures. It began in France and has now spread to London and other major cities.

KITESURFING: What do you get if you **combine** kite and surfing? Kitesurfing is a new craze that occupies the Hawaii coast and is now spreading rapidly throughout the world. Kitesurfing involves flying high in the air with a parachute above you and a board **attached** to your feet. It's hard to learn, but once done, it can be very exciting.



B) Read the text about extreme sports and complete the sentences.

1. Never try any of these extreme sports crazes without _____.
2. To go snowbiking, you need _____.
3. Snowbiking started _____.
4. In parkour, runners must _____.
5. Parkour started _____.
6. Kitesurfing combines _____.
7. To go kitesurfing, you need _____.

C) Match the highlighted words in the text with their meanings below.

1. objects which block your way _____
2. something new and difficult _____
3. mix _____
4. go skiing _____
5. fastened _____



Complete the second sentence so that it has a similar meaning to the first one, using the word given. Do not change the word given. You must use between two and five words, including the word given. Here is an example.

E.g. Getting up early in the morning is the worst thing. (STAND)

I can't stand getting up early in the morning.

1. I think I can't jump high. (GIFTED)

I think I'm _____ jumping.

2. I would prefer to go bowling this weekend. (RATHER)

I _____ this weekend.

3. Sheila can sing better without her guitar. (ABLE)

Sheila _____ without her guitar.

4. I don't really care about extreme sports. (TEA)

Extreme sports are _____ .

5. What I like most is to paint (INTO)

I _____ painting.

6. I can run as fast as my brother. (THAN)

My brother _____ me.

7. My granny would rather move to a bigger house. (PREFER)

My granny _____ to a bigger house.

8. He wasn't eager to help me when I asked for help. (UNWILLING)

He _____ when I wanted him to help me.

9. On Saturday at 10 a.m. I'm seeing my dentist. (HAVE)

I _____ my dentist on Saturday morning.

10. She could speak French when she was a child. (ABILITY)

She _____ speak French when she was a child.

11. I hate doing crossword puzzles. (BEAR)

I _____ crossword puzzles.

12. I could swim as fast as a dolphin in the past. (FASTER)

I _____ a dolphin now.



Skill-based Activity-2

Complete the gaps with the correct form of the words given in parentheses.



John Lennon is a 1) _____ (fame) musician who was one of the members of the 'Beatles'. He was a 2) _____ (create) singer and composer. He could compose numerous and impressive songs.

The Beatles became the most popular band in England. After the Beatles had broken up, he released his solo album. He 3) _____ (successful) in being the best-seller solo album singer in 1971.



Lightening School is 4) _____ (location) in a small town, 45 km from London. It's a school with hard and grass tennis courts. There is a swimming pool for water sports. Also, it has got a modern indoor sports center. So, you can do many types of 5) _____ (sportive) in this school. The students sleep in their dorms. They are under the supervision of resident 6) _____ (teach). They can share their rooms with other four friends.



How can someone learn a new language?

The most 7) _____ (convention) method for learning a new language is taking a language course. Today a lot of people want to learn a new language and for this reason, they go to language schools or take language courses. In these courses, you can learn a second language very fast and 8) _____ (easy). Besides, you can learn to read and interpret 9) _____ (literature) texts in the long run provided that you continue to take lessons.

QUESTIONNAIRE ABOUT YOUR INTERESTS

Instructions to Complete

Read the statements and score them from 1 to 5 in the clear box next to each one.

Score 1 if you strongly disagree and score 5 if you strongly agree with the statement.

Add up your points in each column and write the overall score underneath.

I like ...	P	E	S	C	I	O
making designs from my ideas.						
taking part in sports.						
obtaining the correct information.						
making things with my hands.						
learning new things.						
using imagination in my studies.						
influencing others to do or purchase something.						
organizing things, people, and events.						
being able to help people in some manner.						
working on research projects.						
informing people about a new product.						
making lists.						
expressing myself in music, painting, or writing.						
working in groups.						
inquiring theories.						
taking risks.						
analyzing statistical data.						
working outside in the fresh air.						
listening to people's problems.						
examining a company's yearly financial statements.						
selling something I have made.						
writing reports and articles.						
using tools to make things.						
participating in an art project.						
Totals for each column						
TOTAL						



Overall Scores

P Score **Practical**

You enjoy working with tools, machines, or animals, rather than people. You are likely to solve manual, mechanical, or electronic problems logically. You may be good at using your hands to design, make or mend things. You prefer using your physical skills, possibly out of doors, and may be well coordinated.

E Score **Enterprising**

Working on projects, taking chances, organizing, and influencing others are all things you appreciate. You might be ambitious, extroverted, self-sufficient, active, self-assured, and passionate. You could wish to work on your leadership, management, motivation, or persuasion abilities. You may be drawn to careers that provide you with prestige, power, money, or variety.

S Score **Social**

You like collaborating with others. You are sociable, compassionate, helpful, and sensitive to the needs of others. You could love interacting with others, discussing difficulties, or leading a group. Teaching, nursing, or counselling are examples of jobs that include training, informing, comprehending, or assisting others.

C Score **Creative**

You enjoy developing your skills in art, music, drama, or writing. You could want to work with your mind, body, or emotions while taking in the beauty, variety, unstructured activities, and unique sights, sounds, textures, or people. You are gifted, sensitive, expressive, and you wish to express yourself creatively in some manner.

I Score **Investigative**

You enjoy intellectual challenges, focusing on ideas, and using your reasoning and critical thinking skills. You tend to be curious, independent, logical, and sometimes introverted, or unusual. You may be more interested in solving problems than working with people or machines. You could have a passion for math, science, or medicine.

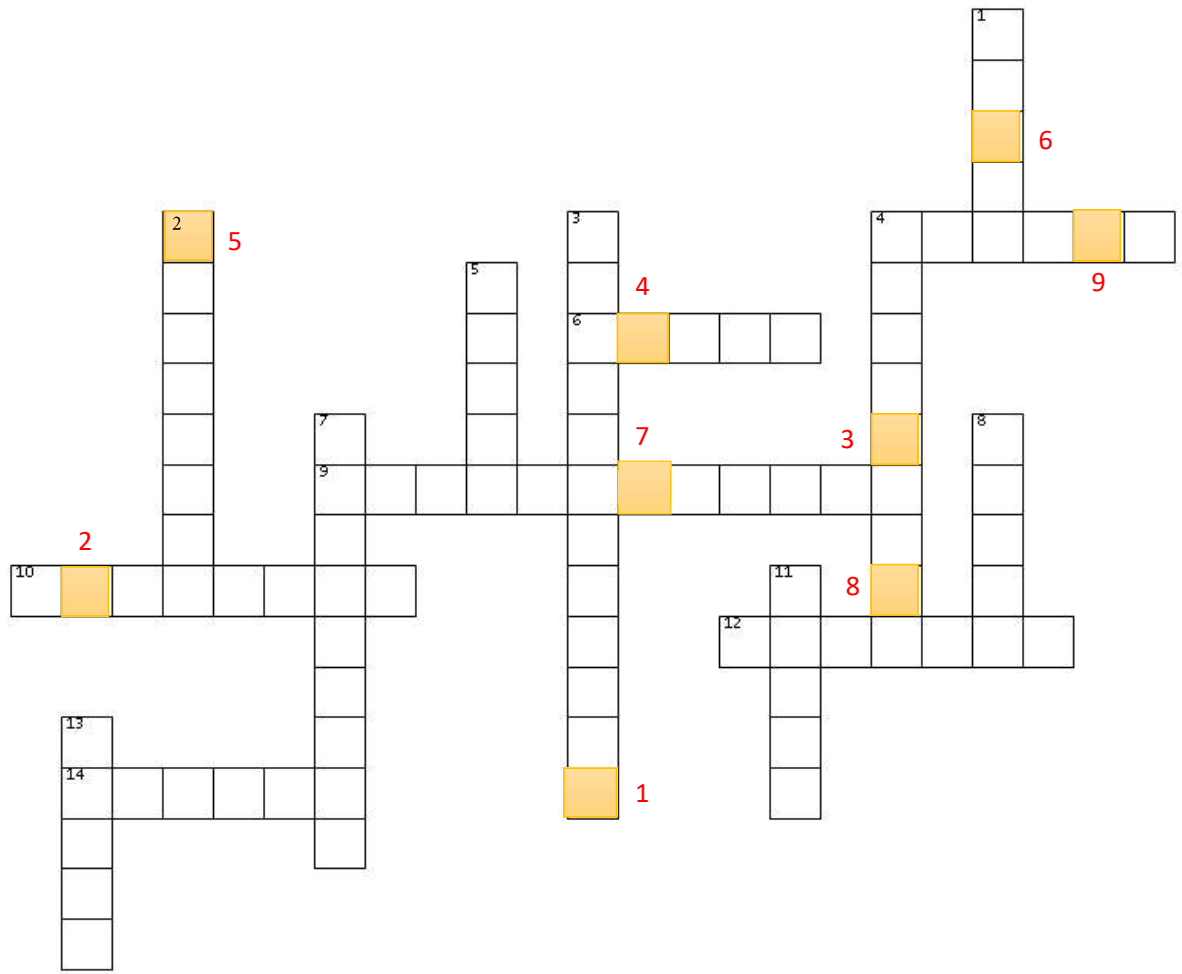
O Score **Organisational**

You appreciate dealing with people, data, and objects in which you can create clear processes for your own and others' work. You could be particularly skilled with details. You are a reliable person in your work because you work efficiently and precisely. You could be interested in a structured work setting such as administration.



Crossword Puzzle

Do the crossword puzzle. Then, find the keyword.



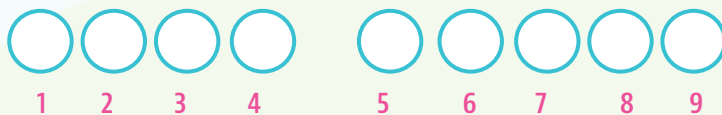
ACROSS

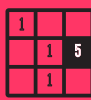
- 4. having a natural ability to do one or more things extremely well, talented
- 6. an ability to do something well
- 9. someone who starts a new business
- 10. careful to avoid danger or risks
- 12. a very strong liking for something
- 14. keep something

DOWN

- 1. laugh at a person or idea
- 2. a person who does an activity that he/she enjoys doing in his/her free time
- 3. feeling let down
- 4. attractive, exciting, and related to wealth and success (glamorous)
- 5. a natural ability to do something very well, talent
- 7. slow and unwilling
- 8. a short sentence or phrase that gives a rule on how to behave
- 11. brightly coloured and modern
- 13. happen

Keyword:





Wordsearch

Find and circle all of the words are hidden in the grid. The words may be hidden in any direction. The unused letters in the first line of the grid will give you the hidden message.

O D D M A N O R T S G C U T L
G N I V A C A N A R N B L L X
G R V F O F U M Y A I N U A S
I I U C T T A T H L T D C Y Y
T N F I S R R N P U I D O R C
K S N T D V F A A C U D O E H
E G N U E Q D T R O S G K T F
D T C C U D I C G N G R I T D
Y O A M B V V U O I N J N O I
D R W N I R I L T B I A G P X
E J E S U Y N E O D W H H E J
Y U U H I T G R H Y O C E A N
B A O G C P R A P B O E Z A K
L F N V A R Z O B C C Z I I H
J I N G L E A Y F C Y G P M Z

DOCUDRAMA
GIFTED
PHOTOGRAPHY
COOKING

BINOCULARS
DULL
VISUAL
FORTUNATE

CAVING
JAZZY
STUNT
ARCHERY

WINGSUITING
RAFTING
DIVING
POTTERY

CLAY
HOBBY
RELUCTANT
JINGLE

HIDDEN MESSAGE: _ _ _ _ _

Answer Key

Matching

Matching-1

1. D
2. A
3. B
4. C

Matching-2

1. B
2. C
3. D
4. A
5. F
6. E

Gap Filling-1

1. painting
2. motor racing
3. weightlifting
4. photography
5. snorkelling
6. skiing
7. stamp collection
8. pottery
9. knitting

Gap Filling-2

1. team spirit / co-operative
2. competitive / determined
3. brave / dangerous
4. careful / courage
5. accurate / dedication
6. violent / graceful

Gap Filling-3

1. to try
2. go
3. not talk
4. dancing
5. driving

Gap Filling-4

1. Amy: take
Bruce: registering
2. John: join
Kathy: to sing / play
3. Sheila: to learn / attempt
Bob: do / to watch

Multiple Choice

- | 1 | 2 |
|------|-------|
| 1. D | 1. B |
| 2. C | 2. D |
| 3. B | 3. A |
| 4. A | 4. A |
| 5. E | 5. C |
| 6. A | 6. B |
| 7. D | 7. E |
| 8. C | 8. A |
| | 9. E |
| | 10. C |

Reading Activity-1

B)

1. important
2. useful
3. develop
4. discharge
5. lonely

C)

1. Engaging in a hobby not only lets us fill in our free time but also has significant benefits for our mental health.
2. Four in five participants found activities like listening to music and spending time on a hobby were effective ways of managing stress.
3. Having fun two hours a week can lead a person to a more positive life.
4. More time for creative activities causes more positive emotions.
5. Team sports provide important opportunities for social relationships, friendship, and support that can contribute much to mental health.

Reading Activity-2

A)

1. adequate training and equipment
2. to ride a bicycle over the snow
3. in North America
4. run, climb and jump
5. in France
6. kite and surfing
7. to fly high in the air with a parachute

above you and a board attached to your feet

B)

1. obstacles
2. challenge
3. combine
4. hit the slopes
5. attached

Skill-based Activity

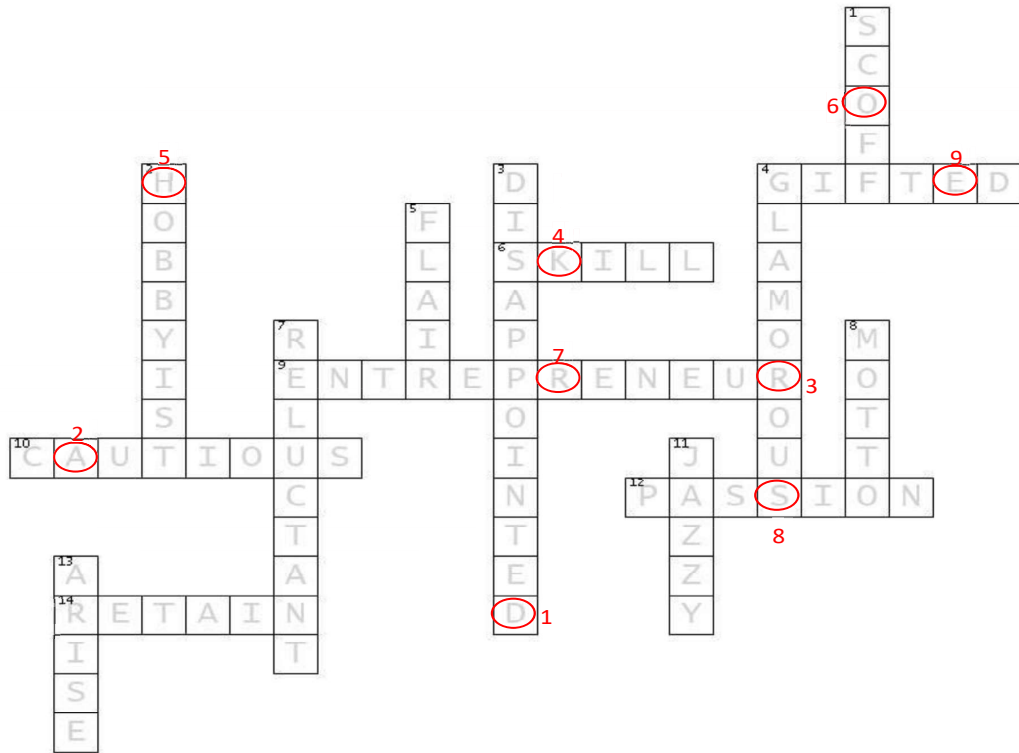
1

1. not gifted in
2. would rather go bowling
3. is able to sing
4. not my cup of tea
5. am into
6. cannot run faster than
7. would prefer to move
8. was unwilling
9. have an appointment with
10. had the ability to
11. can't bear doing
12. can't swim faster than

2

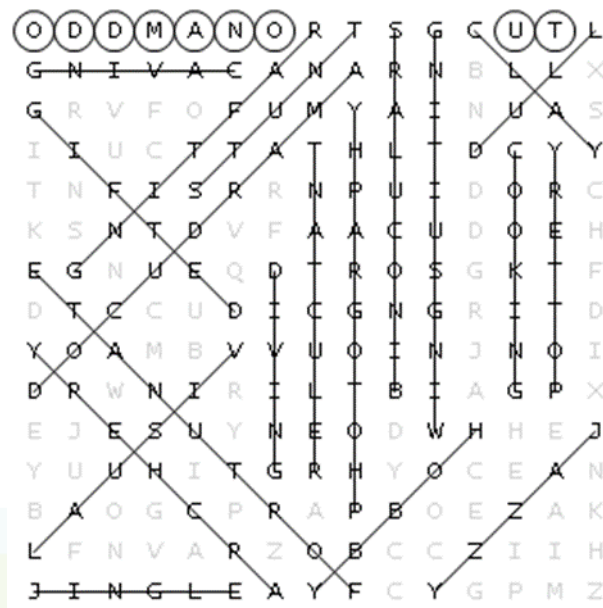
1. famous
2. creative
3. succeeded
4. located
5. sports
6. teachers
7. conventional
8. easily
9. literary

CROSSWORD PUZZLE



KEYWORD : DARK HORSE

WORDSEARCH



HIDDEN MESSAGE: ODD MAN OUT

Etkileşimli Kitaplar

Beceri Temelli Kitaplar

Soru Bankası

Mobil Soru Bankası

Dinamik Uygulamalar

3B Modeller

YKS Kampı

TRT EBA TV Lise

OGM
MATERYAL



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