

KONU SPORTS

EXTREME SPORTS

Extreme Sport: a sport that is extremely exciting to do and it has much more risk so is more dangerous than an ordinary form of the sport. Here are the examples of extreme sports.



Mountain-biking



Bungee-jumping



Zorbing



Wing-suit skydiving



Barefooting



Cliff diving

ARE YOU SUPERSTITIOUS?

Superstitions have a big effect on our daily lives. Almost everyone avoids walking under a ladder or many of us believe that if the 13th day of the month falls on a Friday, it will bring bad luck. And most of the sportspeople don't want to wear the uniform with number 13. Some sportspeople have strange superstitions as well. For example, Serena Williams has an interesting superstition. Although tennis is a game which relies heavily on feet and makes the player change the socks frequently, Serena prefers wearing only a single pair of socks during a tournament. believes playing with the same socks brings good luck.

Another sportsperson who has a strange superstition is Michael Jordan. In 1984 when he first joined the NBA, he was wearing his blue shorts and during his legendary career he believed that wearing them brought him good luck. He never gave up believing this magic and he always wore his blue shorts under his uniform in the matches.

Some sportspeople have more than one interesting superstition. Jason Terry, a well-known NBA basketball player, is one of the most superstitious players. He has many rituals needed to be done before the matches. The first one is, eating only chicken on the day of the match. The other one is wearing five pairs of socks while playing and the most interesting one is wearing the replica shorts of the opposite team the night

before every game.

In short, superstitions help some athletes feel more confident about their performance. Whether or not you find superstitions weird, they are important for the person who believes in them.

Superstitions of the athletes

Serena Williams: wearing a single pair of socks during the tournament

Michael Jordan: wearing the same blue shorts in every game

Jason Terry: eating only chicken during the match day, wearing five pair of socks during the game, wearing the opposite team's shorts a night before the game.

New Phrases:

- **hair-raising:** very frightening and irritating

I have never witnessed such a tragic car crash in Formula 1 before. It was really hair-raising.

- **eye-popping:** so amazing or astonishing

Serena William's hair style in French Open 2017 was really eye-popping. I couldn't take my eyes off her amazing pink hair.

- **jaw-dropping:** extremely surprising or shocking

No doubt their win against Spain was one of the most jaw-dropping moments in football history.

Everybody stood to applaud the Greek's team performance.

SORULAR:

Aşağıdaki sorularda, cümlede boş bırakılan yerlere uygun düşen sözcük veya ifadeyi bulunuz.

1. The first Olympic games
---- in Greece.

- A) will held
- B) are held
- C) has held
- D) had held

E) were held Cevap: E

2. ---- is the name of
the place where tennis
is played.

- A) Course
- B) Counter
- C) Racket
- D) Court
- E) Track

Cevap: D

3. In a match like
football, a/ an ----
controls the game.

- A) manager
- B) director
- C) referee
- D) guard
- E) ball

Cevap: C